

SEND Newsletter

Autumn
2024

Special Educational Needs at Keston

Welcome back to our termly SEND newsletter.

At Keston Primary School, we are committed to giving all our children every opportunity to succeed. We do this by taking account of pupils' varied life experiences and needs. We work closely with parents/carers to reach the best possible outcomes for all children. The achievement, attitude and well-being of every child matters, and inclusion is the responsibility of every person within the school community.

Key Dates:

- 4th January - World braille day.
- 1st February - Time to talk day.
- 10th February - International Epilepsy day.

How to contact us:

The class teacher is always the first point of contact. However, if you would like to contact either Mrs Stevens or Miss Clarkson, please email: send@keston.croydon.sch.uk

At Keston, we follow the **Graduated Approach** which refers to the system of SEND support within mainstream settings. It is the system by which we assess the needs of your child and then provide appropriate support. The system follows four stages referred to as a 'cycle': **Assess, Plan, Do, Review**. The discussions around your child's additional support plans happen termly with the class teacher.



Christmas



Christmas can be an exciting time for many children – but it can also be a difficult time for children who prefer their usual routine.

They may find it hard to adjust to different activities, lights, colours, sounds, smells, textures and tastes. It may be because their senses become overwhelmed.

At Keston, we try to keep to routine for as long as possible, although we do also try to fit in some fun activities.

If you would like any support throughout the Festive period, please do not hesitate to contact the SEND team.

Some tips for supporting your child at Christmas:

Make a list

Make a list of what your child finds difficult. This could be anything from big crowds, loud noises, surprises or bright lights. Try to think about when they might experience those. How could you avoid those situations? If that isn't an option, consider how you can help your child prepare.

Speak to their school

Find out what's happening at your child's school or nursery. Celebrations could include concerts, parties, lunches or Christmas jumper days. This could become overwhelming for some children. If you feel your child may need extra support during these times, make sure the school is aware.

Involve them in decisions

Let your child have a say in the Christmas decorations around your home. Ask them to help you choose lights, colours and textures that they feel comfortable with.

Prepare them for gifts

Some children with additional needs find surprises overwhelming. You might want to let them know what type of gifts they will open on Christmas Day. For example, you could tell them you will give them a book, and the surprise is which book you choose.

Consider any changes in routine

Try to prepare your child each day for what's coming tomorrow. Talk to them about who will be there, what they will do and what they'll eat. Some children might like to have some control over some of these things. You could give them a choice between two or three different activities.

Try to keep some of their routine the same. It can be helpful to start and end their day with something you would usually do. Think about morning routines, as well as bath time, bedtime and story time.

